



# Happy at Home Challenge

Even though we are social distancing, we can still have fun and stay connected! Complete 25 activities to complete the patch.

## Get Outside

- ♥ Wake up early and watch the sunrise
- ♥ Go backyard stargazing
- ♥ Blow bubbles
- ♥ Play frisbee or catch with a family member
- ♥ Fly a kite on a windy day
- ♥ Play flashlight tag
- ♥ Jump rope outside
- ♥ Create an obstacle course in your driveway, on the sidewalk, or in your backyard
- ♥ Practice yoga outdoors
- ♥ Find shapes in the clouds
- ♥ Make a super long hopscotch game
- ♥ Go on a bug hunt—find 10 different bugs
- ♥ Go on a bike ride and wave to your neighbors
- ♥ Pitch a tent in your backyard
- ♥ Dribble a basketball s long as you can
- ♥ Pack a picnic and head to your backyard
- ♥ Perfect your hula hoop skills
- ♥ Pitch a tent
- ♥ Make a nature collage

## Be Helpful

- ♥ Hand wash the family car
- ♥ Create an emergency evacuation plan for your home
- ♥ Do laundry for your whole family
- ♥ Organize your closet or help with the garage.
- ♥ Wear your gloves and bring in the garbage and recycling cans off the street
- ♥ Build your own compost pile
- ♥ Clean your pets' cages/food bowls/litter boxes.

## Get Creative

- ♥ Have a wacky outfit fashion show
- ♥ Make a bird feeder
- ♥ Draw with sidewalk chalk
- ♥ Construct a fairy garden
- ♥ Create a cozy spot by stringing lights or gathering pillows, your choice!
- ♥ Write a play, choreograph a dance, sing a song, and perform on the outdoor stage
- ♥ Make a chalk mural
- ♥ Make yummy s'mores outside
- ♥ Design a garden and plant vegetables or flowers
- ♥ Paint a flower on your nails
- ♥ Do a puzzle

## Spread Cheer

- ♥ Call a friend or family member to say hello and catch up
- ♥ Make a card and send it to a loved one
- ♥ Hang a picture in the window for neighbors to see
- ♥ Sing a special birthday song for friends and family that have birthdays during this time
- ♥ Bake a special treat for your family
- ♥ Invite your family to a backyard picnic

## Gain Skills

- ♥ Learn about Florida birds; go look for them
- ♥ Learn about the flowers in your neighbor-hood; go for a walk and find them
- ♥ Learn to sew, sew badges on your uniform
- ♥ Take an online museum tour
- ♥ Learn how to cook over an outdoor camp-fire
- ♥ Learn about and try a new sport
- ♥ Find out how rainbows form and then spot one after it rains!
- ♥ Learn three new campfire songs
- ♥ Learn a new dance