

Safety Activity Checkpoints (SACs)



ACTIVITIES AT A GLANCE

For every activity, always follow the adult-to-youth ratios and all guidelines listed in the Safety Standards.

**Some activity options are limited for this program grade level. See the SACs for the activity.*

ACTIVITY	DAISY	BROWNIE	JUNIOR	CADETTE	SENIOR	AMBASSADOR	Is Prior Council Approval Required?	Is Activity Training, Certification, or Verified Experience Required?
Aerial Fitness	D	B	J	C	S	A	No	Yes
Amusement and Water Parks	*	*	*	C	S	A	Yes if aquatic	Yes if aquatic
Animal Interaction	*	B	J	C	S	A	No	No
Archery		*	J	C	S	A	Yes	Yes
Arts and Crafts <i>See Miscellaneous Activities</i>	D	B	J	C	S	A	No	No
Ax, Knife, and Hatchet-Throwing				C	S	A	Yes	Yes
Backpacking	*	*	J	C	S	A	Yes	Yes
Bicycling	D	B	J	C	S	A	No	No
Camping	D	B	J	C	S	A	Yes	Yes
Canoeing	*	*	*	C	S	A	Yes	Yes
Challenge Courses (high ropes)		*	J	C	S	A	No	Yes
Challenge Courses (low ropes)	D	B	J	C	S	A	No	Yes
Climbing, Bouldering, and Rappelling (bouldering and climbing designed with small children in mind)	D	B	J	C	S	A	No	Yes

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ACTIVITIES AT A GLANCE (CONTINUED)

ACTIVITY	DAISY	BROWNIE	JUNIOR	CADETTE	SENIOR	AMBASSADOR	Is Prior Council Approval Required?	Is Activity Training, Certification, or Verified Experience Required?
Climbing, Bouldering, and Rappelling (other types)	*	*	J	C	S	A	No	Yes
Community Clean-Ups	*	*	*	C	S	A	No	No
Cookie and Product Programs	D	B	J	C	S	A	No	No
Cross-Country Skiing	*	B	J	C	S	A	No	No
Digital Technology and Virtual Meetings	D	B	J	C	S	A	No	No
Downhill Skiing and Snowboarding	*	B	J	C	S	A	No	Yes
Fencing		B	J	C	S	A	No	Yes
Fishing and Ice Fishing	D	B	J	C	S	A	No	Yes
Geocaching	*	B	J	C	S	A	No	No
Go-Karting			J	C	S	A	No	No
Hayrides	D	B	J	C	S	A	No	No
Hiking	D	B	J	C	S	A	No	No
Horseback Riding	*	B	J	C	S	A	Yes	Yes
Indoor Skydiving	D	B	J	C	S	A	No	No
Indoor Trampolining	*	B	J	C	S	A	No	No
Inflatable Activities	*	*	J	C	S	A	Yes if aquatic	Yes if aquatic
Kayaking		*	*	C	S	A	Yes	Yes

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ACTIVITY	DAISY	BROWNIE	JUNIOR	CADETTE	SENIOR	AMBASSADOR	Is Prior Council Approval Required?	Is Activity Training, Certification, or Verified Experience Required?
Land Sports <i>See Miscellaneous Activities</i>	D	B	J	C	S	A	No	No
Laser Tag <i>See Miscellaneous Activities</i>	D	B	J	C	S	A	No	No
Model Rocketry	*	*	J	C	S	A	No	No
Offshore Passenger Vessels	D	B	J	C	S	A	No	No
Orienteering			J	C	S	A	No	No
Outdoor Cooking and Fire-Building	D	B	J	C	S	A	No	Yes
Packrafting		*	*	C	S	A	Yes	Yes
Parades and Other Large Gatherings	D	B	J	C	S	A	No	No
Pocket Knife and Jackknife Safety	*	B	J	C	S	A	No	No
Recreational Tree Climbing			J	C	S	A	No	Yes
Rowboats/Rowing	*	*	J	C	S	A	Yes	Yes
Sailing		*	J	C	S	A	Yes	Yes
SCUBA Diving				*	S	A	Yes	Yes
Shooting Sports/ Firearms (includes target paintball and BB/air guns)		*	*	*	S	A	Yes	Yes
Skating	D	B	J	C	S	A	No	No
Sledding, Snow Tubing, and Tobogganing	D	B	J	C	S	A	No	No

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ACTIVITY	DAISY	BROWNIE	JUNIOR	CADETTE	SENIOR	AMBASSADOR	Is Prior Council Approval Required?	Is Activity Training, Certification, or Verified Experience Required?
Slingshots	D	B	J	C	S	A	No	Yes
Snorkeling			J	C	S	A	Yes	Yes
Snowshoeing	D	B	J	C	S	A	No	No
Spelunking/Caving	*	*	J	C	S	A	No	No
STEM and STEAM <i>See Miscellaneous Activities</i>	D	B	J	C	S	A	No	No
Stand-Up Paddle-boarding			*	C	S	A	Yes	Yes
Surfing		*	J	C	S	A	Yes	Yes
Swimming	D	B	J	C	S	A	Yes	Yes
Tethered Balloon Rides			J	C	S	A	No	No
Tools—Hand and Power	Use varies by type of tool. See Tools section.						No	No
Travel/Trips	D	B	J	C	S	A	Yes if overnight	Yes if overnight
Tubing (Floating)			J	C	S	A	Yes	Yes
Waterskiing, Wakeboarding, and Towed Tubing			J	C	S	A	Yes	Yes
Whitewater Rafting		*	*	C	S	A	Yes	Yes
Windsurfing			J	C	S	A	Yes	Yes
Zip Lining	*	*	J	C	S	A	Yes	Yes